Leading vs. Doing: Estimate Your Week

Purpose: Transit leaders juggle daily operations ('IN the business') while also shaping the future ('ON the business'). This exercise helps you visualize how you currently spend your time — and what your ideal balance might look like.

Step 1 – Estimate Your Week

Think about your past 5 workdays. Roughly - how much time did you spend:

Category	Description	% of Time This Week
		week
Doing Your Team's Job	Covering routes, filling shifts,	%
	troubleshooting, or stepping in	
	directly	
Leading Your Team	Coaching, problem-solving with	%
	others, giving feedback	
Working IN the Business	Managing schedules,	%
(Tactical)	responding to issues, short-term	
	operations	
Working ON the Business	Planning improvements,	%
(Strategic)	developing staff, preventing	
	problems	

Step 2 – Reflect

- Are you spending more time doing than leading?
- Which parts of your role pull you back into 'doing'?
- Where could you delegate or set clearer boundaries?

Step 3 – Your Ideal Balance

Write your ideal time distribution for the same categories:

Category	Ideal %	Shift Needed
Doing Your Team's Job	%	↑ /↓
Leading Your Team	%	↑/↓
Working IN the Business (Tactical)	%	1/↓
Working ON the Business (Strategic)		1/↓

^{□ &}quot;If you shifted even 10% more time toward leading, what could change for your team — and for you?"